



SKIN & TONIC



Welcome

Welcome to our rejuvenating realm of beauty and tranquility! We are so excited to have you on our list as we roll out our first edition of our exclusive email newsletter to our amazing clients, where we share the finest secrets to self-care and how we bring this into your treatments. As we embrace the Tassie winter, it's the perfect time to indulge in a well-deserved escape and explore our range of treatments at Skin & Tonic.

Meet Abbey

Today we are thrilled to introduce you to Abbey, a true virtuoso in the art of beauty therapy and our 2ic. With a passion for enhancing natural beauty and years of experience in the industry, Abbey has become a beloved member of our salon team. She is our Facial, Brow & Lash Queen.



Meet our team

Abbey

- Make-Up
- Lashes (Extensions)
- Brow Lamination + Lifts
- Waxing + Tinting
- Facials

www.skinandtonicbeauty.com.au
(03) 6245 0444



Benefits of LED Facials

- **Stimulates Collagen Production:** LED facials utilise specific wavelengths of light that penetrate deep into the skin, stimulating the production of collagen.
- **Targets Acne & Blemishes:** The blue light emitted during treatment has antibacterial properties that effectively combat acne-causing bacteria.
- **Promotes Skin Rejuvenation:** Improving blood circulation and stimulating cellular activity.
- **Reduces Hyperpigmentation:** The treatments targeted wavelengths of light help to reduce the production of melanin, the pigment responsible for dark spots.
- **Non-invasive and Gentle:** The treatment is painless, with no downtime or side effects, making it suitable for all skin types, including those with sensitive skin. It offers a safe and relaxing experience while delivering remarkable results.

NOTE: While LED facials have shown significant benefits for many individuals, results may vary. It's always advisable to consult with a skincare professional to determine the best treatment options for your specific needs.

LED FACIALS



Blue Light
Affects uppermost layer of your skin

- Targets and destroys the bacteria that contribute to acne breakouts, specifically the Propionibacterium acnes (P. acnes) bacteria.
- Helps regulate sebum production, thereby reducing oiliness and preventing clogged pores.
- Possesses anti-inflammatory properties that can soothe and calm the skin. It helps alleviate redness, swelling, and inflammation associated with various skin conditions, such as acne, rosacea, and eczema.



Red Light
Travels further into your skin than blue and yellow

- Stimulates the production of collagen, a crucial protein responsible for maintaining the skin's elasticity and firmness.
- Promotes overall skin rejuvenation by increasing blood circulation and stimulating cellular activity.
- Has anti-inflammatory properties that help reduce redness and inflammation in the skin. It can be beneficial for individuals with conditions such as rosacea, eczema, and psoriasis.



Purple Light
Penetrates deep

- Increases cell regeneration and renewal
- Eliminates acne-causing bacteria
- Reduces facial inflammation
- Reduces appearance of acne-related scars

Stay tuned for more experiences and info, as we are committed to bringing you exclusive offers, beauty tips and the latest industry insights through our email newsletter. Keep an eye on your inbox for future editions as we unveil exciting surprises, incredible promotions and share the wisdom of our passionate team.

Click on our Book online page to book your next appointment.

Or call the salon within our opening hours:

Tuesday – Friday 9am – 6pm

Saturday 9am – 3pm

Sunday & Monday – CLOSED

(03)6245 0444

With love and radiance,

The Skin & Tonic Team



Skin & Tonic